

## INTERNET SAFETY IS FOR THE WHOLE FAMILY

- discover the internet together
- discuss and decide on family settings
- build in some non screen time
- explore, learn and have fun



### Sites and helpful information for safer internet use:

**www.webwise.ie** - provides parents and teachers with educational resources, advice and information about potential dangers on-line

**www.watchyourspace.ie** – advice and support for teenagers who use the web

**www.saferinternetday.ie** – information on activities in Ireland to mark Safer Internet Day

**www.childline.ie** – ISPCC child safety issues. Phone 1800 66 66 66

**www.npc.ie** – website of the National Parents Council Primary

**www.garda.ie** – An Garda Síochána

**www.hotline.ie** - confidential service for reporting suspected illegal content in the internet

**www.internetsafety.ie** – ‘Get With IT!’ guides available to download:

- A parents’ guide to new media technologies
- A parents’ guide to filtering technologies
- A parents’ guide to social networking websites
- A guide to cyberbullying

### For more information

**Contact:** Office for Internet Safety  
Department of Justice and Equality  
51 St. Stephen’s Green  
Dublin 2

**Email:** [internetsafety@justice.ie](mailto:internetsafety@justice.ie)

*The websites referred to in this leaflet and their content are the sole responsibility of the website providers.*

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# THINK INTERNET SAFETY



**GET  
WITH  
IT!**

## IT'S YOUR CHOICE ON THE INTERNET

**Friend or Fiend**

**Good Name or Bad Name**

**Fun or Fear**

**Use or Abuse**

## THINK INTERNET SAFETY

**T**ake care of your identity and good name online

**H**arassment online is bullying – don't do it and don't put up with it

**I**mmediately seek help if you see nasty messages or uncomfortable content

**N**ever share private photos, videos or details – once you post or upload you lose all control

**K**now who you are sharing your information with or don't share. Don't talk to strangers online.

## WHAT'S IMPORTANT

**Identity and Good Name.** Keep control of your own details. Do not give your full name, address, age, school, village, town or county. Use strong and hard to crack passwords. Do not share passwords.

**No Cyberbullying.** Don't do it, don't bully back and don't put up with it – do keep a copy and do report it.

**Help is there.** You don't have to put up with nasty messages or uncomfortable content. Just reach out and help is there from classmates, parents, teachers and organisations like Childline.

**Mind those photos.** You lose control of all photos and videos once they are shared or sometimes even stored. Remember you might be embarrassed when you are older.

**Know who you are talking to online.** 'Friend' online is not the same as friend in reality.

